

Capisco Chair



About Capisco

Inspired by the form and movement of the body, Capisco's award-winning human-centered design offers more healthy and active sitting postures in a single chair than three others put together, making it the perfect complement to an adjustable standing desk.

The plus-shaped back of the seat makes for comfortable backwards or sideways sitting, the contoured saddle seat opens the hips for a more active, forward posture, and of course there's plenty of space at the back of the seat for traditional sitting.

Capisco is made from 50% recycled material and is 90% recyclable. Proudly manufactured for over 50 years in the remote town of Røros, Norway, Capisco comes with a 10-year warranty on its pneumatic lift.

[HAG Capisco Fact Sheet](#)

[Best Recycled Plastic Product Winner, 2015](#)

[Capisco & Capisco PULS Brochure](#)

Capisco Chair

Features

- 19 quick-ship options ready to ship out in one or two business days.
- Non-traditional saddle seat design
- Naturally follows you as you move to the next sitting position
- Adjustable seat depth, seat height, back height, tilt tension backward, and three-position tilt lock
- 10 year warranty on pneumatic lift
- Weight capacity of 250 lbs
- Solid, recycled aluminum base with curved/arched footplates
- Black, silver or white aluminum frame
- Made of recycled and recyclable materials
- Interchangeable components extend product life
- GREENGUARD certified
- Capisco Chairs come with braking casters, suitable for both hardwood and low-pile carpet. "Braking" simply means that a low level of resistance is built into the casters to keep your chair from rolling about all willy-nilly, or always returning to that one low corner

Dimensions and specs

- Box Dimensions: 28" x 28" x 13" inches
- Weight: 35 lbs
- Overall Chair Height (with 265mm lift): 38.5" - 51.5"
- Seat Width: 19.5"
- Seat Depth: 15.5" in the room

Seat height

- 265mm Lift - Seat heights 22.5 - 33"
- 200mm Lift - Seat heights 19 - 26"
- 150mm Lift - Seat heights 16 - 21.5"
- If you order a shorter 200mm or 150mm lift, that will come in addition to the included
- 265mm lift, so you can always swap it out later if you decide to go big

Footring or StepUp Footrest

- The footring comes in black, white, or silver, to match your base. A great addition to any tall seat, we recommend the footring with the Standard 265mm lift. It easily slips on to your already-assembled capisco, and can also be removed without disassembling the chair, if you decide to go back. We don't think you will.
- The StepUp is great for Capiscos being used in shared spaces, whether that's a home office, a conference room, or a ramped-up game of musical chairs. Imagine somebody of 5'4" trying to get into a chair that's recently been vacated by somebody of 6'2"—a step is super helpful.

Certifications

[EPD HAG Capisco](#)

[EN1335 HAG Capisco](#)

[GREENGUARD HAG Capisco](#)

[ANSIBIFMA HAG Capisco](#)

[ESD - IEC 61340-Test report Norwegian HAG Capisco](#)

[GS HAG Capisco & -Puls](#)

[NORDIC SWAN HAG Capisco](#)

[MOBELFAKTA INTYG HAG Capisco 2018](#)

Norwegian Wool upholstery and base options

- Black & Silver base available with: Dusk Wool, Blue-Black Houndstooth Wool
- Silver base available with: Light Gray Wool

About Norwegian Wool

- Beautiful, naturally flame- and water-resistant natural fiber, produced in Norway from the wool of all-Norwegian sheep.
- Composition: 100% Virgin Norwegian Wool
- Durability: Martindale Abrasion Rating U 56,000 Cycles. On the Martindale scale, a 40,000 rating qualifies for "heavy duty commercial use." So basically this wool is even stronger than you probably need it to be for your office. I mean, we don't know what you do, but probably.
- Care and cleaning: occasional (weekly-ish) gentle vacuuming. If something goes really wrong, try a dilute solution of gentle, wool-friendly detergent.

Eco Polyester upholstery and base options

- Black & Silver base available with: Charcoal Eco Polyester, Burgundy Eco Polyester, Wasabi Eco Polyester, Cranberry Eco Polyester
- Black, Silver & White base available with: Black Eco Polyester, Gray Eco Polyester, Sapphire Eco Polyester,

About Eco Polyester

- A completely recycled, highly durable, rich-hued polyester upholstery.
- Composition: 100% Post-Consumer Polyester
- Durability: Wyzenbeek Durability Rating - 130,000 double rubs. What are we talking about? A Wyzenbeek number of just 30,000 is considered sufficient for "heavy duty commercial use." With a rating of 130,000, you could basically rub your jeans back and forth on Eco Polyester 130,000 times (or ten times a day for about 35 years), before it quits.
- Care and cleaning: water-based cleaning agent or solvent: Depending on the stain, you can use a dry-cleaning solvent, the foam of a mild detergent, or upholstery shampoo.

Canter Vinyl upholstery and base options

- Black & Silver base available with: Chestnut Vinyl, Onyx Vinyl

About Canter Vinyl

- Basic Description: GREENGUARD certified, pvc-free faux leather.
- Composition: 100% Polyurethane, with Polyester Backing.
- Durability: Wyzenbeek Durability Rating - 240,000 double rubs. That's 8 times the 30,000 required for a heavy duty commercial use rating.
- Care and cleaning: water-based foam or cleaner; bleach cleanable. See elaborated [care and cleaning instructions](#).

Paloma Leather upholstery and base options

- Black & Silver base available with: Black Leather
- Black base available with: Chocolate Leather, Tan Leather

About Paloma Leather

- Basic Description: not actually made from doves, this soft cow hide displays natural leather grain.
- Composition: predominantly cattle hides of central european origin.
- Durability: leather is not rated, but tends to be pretty tough if treated right.
- Care and cleaning: Paloma Leather will respond well to standard leather care and treatment.

Standard height Capisco

The HÄG Capisco comes standard with a 265mm lift, with seat heights ranging from about 23 to 33". Because of the saddle-like shape of the seat, most people will find they prefer a higher seat height with the Capisco than they might with a flat-seat chair—and you won't get the full Capisco benefits if you don't go a little higher and open up those hip angles. The standard range is optimal for most people working at adjustable or standing height desks. However, if you have a lower fixed-height desk, or if you are under 5'4" you may prefer a lower lift. Don't hesitate to call if you need help deciding what will work best for you.

Choosing your chair height

The seat height for the Capisco is measured from the floor to the top of the seat cushion. This will vary depending on the lift height. The standard 265mm lift provides a range of about 23" to 33". The 200mm lift adjusts from approximately 19" - 26", and the shorter 150mm lift provides a height adjustment from about 16" - 21.5". We do not recommend the 150mm lift for most users and applications.